



RAPHA CENTRE

Community Mental Health - Serving Ages 3 - Adult

OUR MISSION

At Rapha Centre, we provide professional mental health services for adults and children ages 3+. We strive to help our clients improve their quality of life, restore functional ability, and find emotional well-being following trauma, injury, or illness. Our highly-skilled therapists and medical providers create a caring environment where patients can focus on healing while minimizing the cost of healthcare.

SERVICE AREAS MENTAL HEALTH

Therapy may include treatment for clinical depression, bipolar disorder, obsessive-compulsive disorder, anxiety, panic disorders, phobias, schizophrenia and other psychotic disorders, grief and loss, transition and growth issues.

PLAY THERAPY

Play therapy helps children and some adults uncover and deal with psychological issues. Play therapy can be divided into two basic types: non-directive and directive. It can be used on its own, or other therapies.

TRAUMA/PTSD

We offer skills and strategies to better understand, cope with, and process traumatic experiences and to create a healthier and more meaningful understanding of the experience. Methods include EMDR and Thought Field Therapy.

MEDICATION MAINTENANCE

Our Mental Health Psychiatrist and Psychiatric Nurse Practitioners are available to see clients and prescribe medications to maintain balanced mental health. Combined with therapeutic methods, medication may provide a recipe for good mental health.

THERAPY STAFF

Community Mental Health Therapists:

- Andrew Savage, LPC-MHSP
- Kaitlin Camp, LCSW Daniel
- Daniel Haile, LMFT

Community Mental Health medical providers:

- Dr. Seth Christman, Staff Psychiatrist
- Nicole Sparkman, MSN, PMHNP-BC
- Tonia Christian, PMHNP-BC
- Jaime Phillips, PMHNP-BC