



RAPHA CENTRE

Recovery Health - Serving Adults Ages 18+

OUR MISSION

At Rapha Centre, we strive to provide a pathway of holistic healing and recovery for those dealing with drug and alcohol addiction. Our mission is to assist in your recovery and partner with you in your mental and emotional growth throughout this process. We offer recovery and treatment options for alcoholism and alcohol abuse, substance abuse, chronic relapse, co-occurring disorders and issues linked to chronic pain. If you're ready to begin recovery, we're here to help.

WE BELIEVE

To achieve recovery, you must first have the desire and ability to change behavior. Our treatment strategies are designed to improve your desire and ability to make changes. These strategies include four key areas:

- specific mental health therapies
- closely coordinated medical care
- the use of 12-Step recovery tools
- accountability via routine drug screens

Your team includes physicians, nurse practitioners, Master-level therapists and caring support staff. They work to deliver traditional healthcare with mental and emotional care.

Outpatient treatment uses a Medication-Assisted Treatment (MAT) plan, including prescription of FDA approved drugs containing buprenorphine, naloxone, and/or naltrexone (Suboxone®, Bunavail®, Zubsolv®, Vivitrol®).

TREATMENT SPECIALTIES

- Addiction and Recovery
- Alcoholism and Alcohol Abuse
- Chronic Relapse
- Co-occurring Disorders
- Medical Detox
- Addiction issues related to chronic pain

An OB/GYN provides medical detox and follow-up for prenatal, pregnant, and postpartum individuals.

THERAPY OPTIONS

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy
- Emotionally Focused Therapy
- Mindfulness Based Cognitive Therapy
- Motivational Interviewing
- Solution Focused Brief Therapy
- Thought Field Therapy
- Person Centered Therapy
- Positive Psychology
- Strength Based Therapy
- Trauma Focused Therapy

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